

## What is Hyperhidrosis?

Many people may not know where to turn to with excessive sweating and therefore, may be an under reported condition. Hyperhidrosis is the medical term for excessive sweating and this condition affects up to 3% of the population. It is not necessarily associated with stress or exercise. It is normal to sweat with physical activity, exertion, stress, or in hot environments, however with this condition this type of sweating exceeds normal sweating. It may even cause you to sweat through your cloths and/or cause your hands and feet to drip with sweat on both sides of the body and occurs at least once per week. It can cause significant anxiety and embarassment in social and professional activities.

There are 2 forms of hyperhidrosis. Primary hyperhidrosis and secondary hyperhidrosis. The primary form is thought to be the result from overactive sweat glands involving the nervous system and is the most common form with no known medical cause. It often begins in younger ages and a family history is common. The 3 main areas of the body affected by the primary form are the palms, soles, and underarms. Secondary hyperhidrosis is usually generalized and associated with an underlying medical condition or medication. Conditions



that may cause your body to have generalized sweating include diabetes, thyroid problems, menopause hot flashes, nervous system disorders, some types of cancers, infection, and low blood sugar.

There is no cure for primary hyperhidrosis although there are treatments that may help. There are antiperspirants, prescription strength topical medications, oral medications and injectable medications to decrease sweating. In fact, just last month, there is a new prescription strength topical medication that just came out for underarm hyperhidrosis approved in adults and children 9 years of age and older. If you think you may have a sweating condition out of the normal range, please feel free to talk to your dermatology provider about it to discuss your options.

-Andrea Rosik, M.S.,P.A-C

(cont.)

## Highly Skilled Physicians | Top Quality Care

Whatever your skin care need, call us today to set up an appointment! Same day appointments are available.

- Pediatric & Adult Dermatology
- Laser Therapy
- Photodynamic Therapy (PDT)
- Skin Cancer
- Removal of Skin Cancer, Warts and Scars
- Phototherapy
- Eczema
- Psoriasis
- Vitiligo



## Clinical Trials Corner

Hamzavi Dermatology Clinical Trials is Currently Seeking Study Participants with Conditions of:

- **PSORIASIS • ECZEMA (Atopic Dermatitis)**
- **PRURIGO NODULARIS**
- **HIDRADENITIS SUPPURATIVA**

If you, or someone you know, is interested in participating in a Clinical Trial please contact us at: **810-455-1612** or by email: [clinicaltrials@hamzavi.com](mailto:clinicaltrials@hamzavi.com) to see if you qualify today! All trials will be performed at our Fort Gratiot office.

Please note, you do not have to be a patient of our practice in order to be considered for any study.

\* Clinical Trial involvement does not require insurance.

Patients will be reimbursed for time and travel to appointments.

### Hamzavi Dermatology Fort Gratiot

2950 Keewahdin Rd. | Fort Gratiot, MI 48059  
(810) 455-1600

S. L. Husain Hamzavi, M.D.  
Fasahat Hamzavi, M.D.  
Iltefat Hamzavi, M.D.  
Meredith Price, M.D.  
Jennifer Marlin P.A.-C.  
Ashley Carriveau, M.S., P.A.-C.  
Jessica McLeod, M.S.N., FNP-BC.

### Dermatology Specialists of Shelby

50505 Schoenherr Rd., Suite 325  
Shelby Township, MI 48315 | (586) 580-1001

Ali A. Berry, M.D.  
Matteo C. LoPiccolo, M.D.  
Judy Fontana, M.D.  
Andrea Rosik, M.S., P.A.-C.  
Elizabeth White, P.A.-C.

### Hamzavi Dermatology Clinton Twp.

43151 Dalcoma, Suite 1 | Clinton Township, MI 48038  
(586) 286-8720

S. L. Husain Hamzavi, M.D.  
Jennifer Rivard, M.D.  
Cynthia Chow, M.D.  
Jessica McLeod, M.S.N., FNP-BC.  
Megan Hribernik, M.S.N., FNP-BC.

### Dermatology Specialists of Brighton

2305 Genoa Business Park Dr., Suite 180  
Brighton, MI 48114 | (810) 355-4300

Francisca Kartono, D.O.  
Matteo C. LoPiccolo, M.D.  
Jennifer Rivard, M.D.  
Alan Fligel, M.D.  
Jennifer M. Reiss, M.S., P.A.-C.

### Dermatology Specialists of Canton

285 Lilley Rd. | Canton, MI 48187 | (734) 495-1506

Ali A. Berry, M.D.  
Iltefat Hamzavi, M.D.  
Andrea Schrieber, M.D.  
Francisca Kartono, D.O.  
Marsha Henderson, M.D.  
Matteo C. LoPiccolo, M.D.  
Evelyn Sommariva, M.S.P.A.-C.  
Ann Ammond LaFond, M.D.  
Thomas Powell Waldinger, M.D.  
Sara Hayes, M.S., P.A.-C.

### Hamzavi Canton Dermatology

5958 N Canton Center Rd Suite 700 | Canton, MI 48187  
(734) 455-8180

Marsha Henderson, M.D.  
Arthur Gulick, M.D.  
Kimberly E. Simons, M.S., P.A.-C.

### Hamzavi Dermatology Grosse Pointe - Beaumont

16815 E Jefferson Ave. Suite 140 | Grosse Pointe, MI 48230  
(313) 332-4550

Meredith Price, M.D.  
Megan Hribernik, M.S.N., FNP-BC

### Center for MOHS and Dermatologic Surgery

6300 N Haggerty Rd., Suite 220 | Canton, MI 48187  
(734) 495-1506

Matteo C. LoPiccolo, M.D.