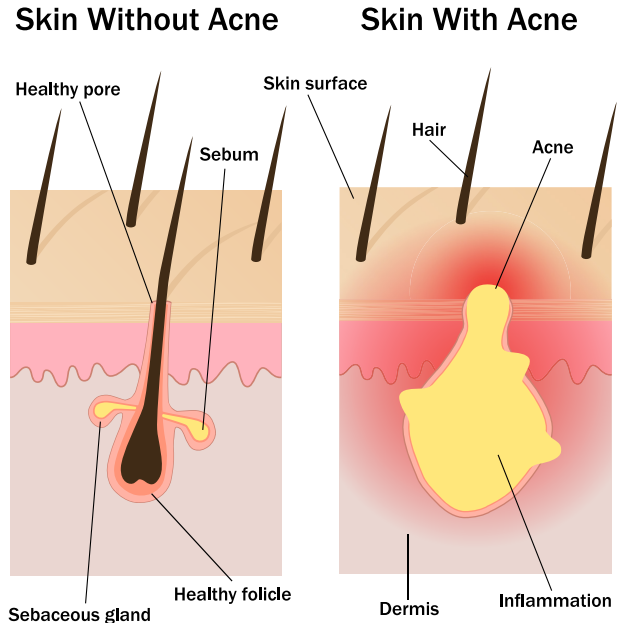


Back-to-School & Breakouts

As school is starting up again and the students start to get adjusted to their new classrooms, school picture day will be right around the corner. I think it is safe to say that everyone always aims to look their best in any photograph that they take. One thing that can stand in the way of looking our best can be the most common skin condition in the United States: Acne. Estimates of 40 to 50 million people have acne and it can occur at any age. Let's dig a little deeper into the causes of acne and current treatment options.

Acne occurs when hair follicles on our skin become clogged with dead skin cells and oil. The bacteria that live on our skin, *P. acnes*, can also become clogged inside the hair follicle, which leads to inflammation. These mechanisms are behind the cause of the different types of acne lesions: blackheads and whiteheads (comedonal acne), papules, pustules, cysts and nodules. The different types of lesions can appear alone (a patient has only comedonal acne) or together (a patient has comedonal acne along with inflammatory lesions: pustules, cysts, etc). Acne can appear on the face, neck, shoulders, chest, back, upper arms and buttocks.

Most people may think of acne as only a skin issue. However, studies have shown that acne can cause patients to have low self-esteem and depression. Untreated acne can also leave behind discoloration marks that can persist for months to years, in addition to scarring, which is why treating acne sooner rather than later is of benefit.



Acne can be graded on a scale of mild to moderate to severe. Our team of dermatology providers is able to assess the severity in order to develop the best treatment plan for different patients. Not one treatment works for everyone, and seeing a dermatology provider can help ensure you are getting the best treatment for you and your skin.

For mild acne, some patients can start with over the counter products. However, if you've ever gone to the store in search of acne medications, I am sure you have found there to be numerous options and it can be a little overwhelming to choose from. Our team of providers can help you sort through those options, and give you advice for some over the counter products that have proven to show success, based on the acne you are presenting with. For moderate to severe acne, over the counter products may not work and prescription products are of benefit. These can be either topical or oral medications, in addition to some in-office procedures.

(cont.)

If you suffer from acne, no matter how mild or severe you think it may be, and no matter what age you are, we would love to see you and help you. We can discuss about your acne in detail and develop the most beneficial treatment plan for your skin. It is important to remember that there are many myths out there about acne causes and treatments and things that can make acne better or worse. Bring your questions and your ideas of what you have heard and let our team address them and start your path for clear skin today!

Highly Skilled Physicians | Top Quality Care

Whatever your skin care need, call us today to set up an appointment! Same day appointments are available.

- Pediatric & Adult Dermatology
- Laser Therapy
- Photodynamic Therapy (PDT)
- Skin Cancer
- Removal of Skin Cancer, Warts and Scars
- Phototherapy
- Eczema
- Psoriasis
- Vitiligo



Clinical Trials Corner

Hamzavi Dermatology Clinical Trials is Currently Seeking Study Participants with Conditions of:

- **PSORIASIS • ECZEMA (Atopic Dermatitis)**
- **PRURIGO NODULARIS**
- **HIDRADENITIS SUPPURATIVA**

If you, or someone you know, is interested in participating in a Clinical Trial please contact us at: **810-455-1612** or by email: clinicaltrials@hamzavi.com to see if you qualify today! All trials will be performed at our Fort Gratiot office.

Please note, you do not have to be a patient of our practice in order to be considered for any study.

* Clinical Trial involvement does not require insurance.

Patients will be reimbursed for time and travel to appointments.

Hamzavi Dermatology Fort Gratiot

2950 Keewahdin Rd. | Fort Gratiot, MI 48059
(810) 455-1600

S. L. Husain Hamzavi, M.D.
Fasahat Hamzavi, M.D.
Iltefat Hamzavi, M.D.
Meredith Price, M.D.
Jennifer Marlin P.A.-C.
Ashley Carriveau, M.S., P.A.-C.
Jessica McLeod, M.S.N., FNP-BC.

Dermatology Specialists of Shelby

50505 Schoenherr Rd., Suite 325
Shelby Township, MI 48315 | (586) 580-1001

Ali A. Berry, M.D.
Matteo C. LoPiccolo, M.D.
Judy Fontana, M.D.
Andrea Rosik, M.S., P.A.-C.
Elizabeth White, P.A.-C.

Hamzavi Dermatology Clinton Twp.

43151 Dalcoma, Suite 1 | Clinton Township, MI 48038
(586) 286-8720

S. L. Husain Hamzavi, M.D.
Jennifer Rivard, M.D.
Cynthia Chow, M.D.
Jessica McLeod, M.S.N., FNP-BC.
Megan Hribernik, M.S.N., FNP-BC.

Dermatology Specialists of Brighton

2305 Genoa Business Park Dr., Suite 180
Brighton, MI 48114 | (810) 355-4300

Francisca Kartono, D.O.
Matteo C. LoPiccolo, M.D.
Jennifer Rivard, M.D.
Alan Fligel, M.D.
Jennifer M. Reiss, M.S., P.A.-C.

Dermatology Specialists of Canton

285 Lilley Rd. | Canton, MI 48187 | (734) 495-1506

Ali A. Berry, M.D.
Iltefat Hamzavi, M.D.
Andrea Schrieber, M.D.
Francisca Kartono, D.O.
Marsha Henderson, M.D.
Matteo C. LoPiccolo, M.D.
Evelyn Sommariva, M.S.P.A.-C.
Ann Ammond LaFond, M.D.
Thomas Powell Waldinger, M.D.
Sara Hayes, M.S., P.A.-C.

Hamzavi Canton Dermatology

5958 N Canton Center Rd Suite 700 | Canton, MI 48187
(734) 455-8180

Marsha Henderson, M.D.
Arthur Gulick, M.D.
Kimberly E. Simons, M.S., P.A.-C.

Hamzavi Dermatology Grosse Pointe - Beaumont

16815 E Jefferson Ave. Suite 140 | Grosse Pointe, MI 48230
(313) 332-4550

Meredith Price, M.D.
Megan Hribernik, M.S.N., FNP-BC

Center for MOHS and Dermatologic Surgery

6300 N Haggerty Rd., Suite 220 | Canton, MI 48187
(734) 495-1506

Matteo C. LoPiccolo, M.D.